

OVERVIEW

Our curriculum is designed to strengthen students' resilience to successfully cope with the challenges they will face in their lives, to help them in developing a respectful moral code and instilling in them ambition to achieve their potential in the Salford community and world beyond

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HT 1 Mental Health & Friendships

- 1) How can I manage the transition to secondary school?
- 2) Why is self-esteem important?
- 3) What are the benefits and challenges of online relationships?

HT2 Relationships & Sex Education

- 1) What is puberty and reproduction?
- 2) What do we mean by family?
- 3) What is forced marriage and honour-based violence?

Assessment:

Students are continually assessed through reflective written activities, teacher questioning and class discussion.

There is no formal, summative assessment of PSHE, RSE or Health.

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HT3 Healthy Lifestyles

- 1) What does it mean to be 'healthy'?
- 2) What is oral hygiene?
- 3) Why is personal hygiene important

HT4 Keeping Safe

- 1) What are basic treatments for common injuries?
- 2) What are basic life-saving skills and CPR?
- 3) How do I stay safe and responsible out and about?

Assessment is monitored through learning walks, book checks, and student/teachr voice.

Sum

HT5 Body Image

- 1) What are appearance ideals?
- 2) How does the media influence body image?
- 3) How can I be more positive about body image?

HT6 Living in the Wider World

- 1) What are British Values?
- 2) How do people manage their money?
- 3) What are enterprise skills?

Useful resources for supporting your child at home:

Oak National Academy- [KS3 Citizenship Citizenship lessons for Key Stage 3 students](#)

Oak National Academy – [KS3 RSHE \(PSHE\) lessons for Key Stage 3 students](#)

Being aware of the news and current affairs Home - BBC News